

## Medication Teaching Sheet: Oral Narcotics A Guide for Patients in the Home

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🏠 Your doctor has prescribed \_\_\_\_\_

🏠 Special Instructions/Notes:

🏠 The **purpose** of this medication is to relieve moderate to severe pain.

🏠 The most common **side effect** of this type of medication is nausea, vomiting and constipation.

🏠 Be sure to report any **side effects** to your doctor.

🏠 This medication may cause light headedness or dizziness. **It may increase your risk for falling.** Use caution in changing your position from sitting to standing, and when you get up and walk. Use your walker or cane when getting around your home to help keep you on your feet and off the floor.

🏠 When taking this medication, you should avoid alcohol, cold medicines or steroids unless prescribed by your doctor.

🏠 Take the medication only as prescribed by your doctor.