

Medication Teaching Sheet: Oral Diabetic Medication

A Guide for Patients in the Home

🏠 Your doctor has ordered: _____

🏠 Special Instructions/Notes:

🏠 The purpose of this medication is to treat diabetes.

🏠 The most common **side effects** of this type of medication are hypoglycemia (low blood sugar), nausea and vomiting.

🏠 Serious **side effects** are: blood disorders, liver disorders, and yellowing of the skin (rare)

🏠 When taking this medication, you should avoid alcohol, cold medications or steroids unless prescribed by your doctor

🏠 Make sure you tell your doctor if you have nausea, dry mouth, increased thirst, increased urination, low blood pressure, dizziness, confusion, weakness, or tiredness while taking this medication. These are signs of low blood sugar.

🏠 While taking this medication, you should: Check your blood sugar before you eat breakfast each day and at the same time daily, and eat regular meals. Do not skip meals while taking this medication.

🏠 Make sure that you tell all of your doctors that you are taking this medication.