

Medication Teaching Sheet: Blood Thinners A Guide for Patients in the Home

🏠 Your doctor has ordered _____

🏠 Special Instructions/Notes:

🏠 The purpose of this medication is to prevent blood clots.

🏠 The most common **side effects** of these medications are: diarrhea, rash, and fever.

🏠 The most common serious **side effect** of this medication is severe bleeding.

🏠 Make sure you tell your doctor if you have blood in your urine, stool, or if you notice bruising or bleeding gums.

🏠 When taking this medication, you should avoid some foods, alcohol, and any medications containing aspirin, non-steroidal anti-inflammatories (NSAIDs), and steroids.

🏠 While taking this medication, you should: Take at the same time daily, avoid contact sports, use electric razors, and use a soft-bristled toothbrush.

🏠 Tell all of your doctors that you are taking this medication.