

CPR for Infants

LEARN CPR

you can do it!

CPR for Infants (age < 1)

1. Shout and Tap

Shout and gently tap the child on the shoulder. If there is no response, position the infant on his or her back



2. Open The Airway

Open the airway using a head tilt lifting of the chin. Do not tilt head too far back



3. Give 2 Gentle Breaths

If the baby is NOT breathing give 2 small gentle breaths. Cover the baby's mouth and nose with your mouth. Each breath should be 1.5 to 2 seconds long. You should see the

4. Give 5 Compressions

Give five gentle chest compressions at the rate of 100 per minute. Position your 3rd and 4th fingers in the center of the chest half an inch



5. Repeat

Repeat with 1 breath and 5 compressions. After one minute of repeated cycles call 911 and continue giving breaths and compressions